

UPPER ENDOSCOPY PREP (EGD-ERCP-EUS-ERCP)

The following instructions are your physician's specific instructions. Please follow the instructions carefully to ensure a successful prep. If you need to reach your physician's office, please call 248-273-9930 option 8

Special Notes: AN ADULT MUST ACCOMPANY YOU AND DRIVE YOU HOME FROM THE FACILITY THE DAY OF YOUR PROCEDURE. You may not drive home or go by taxi or bus. If you do not have a driver, your procedure will be cancelled. You should plan to be at the surgery center 2-3 hours.

For your safety, your procedure may be cancelled or delayed if instructions are not followed.

Cancellation Policy: We are committed to providing exceptional care. Unfortunately, when one patient cancels without giving enough notice, they prevent another patient from being treated. Failure to notify the office of a cancellation within 72 hours of your procedure or failure to show for your appointment will result in a \$200 fee. **Please call 248-273-9930 ext 3034 with any schedule changes.**

PREP WEEK AT A GLANCE

7 days to procedure	<p>Review your prep instructions thoroughly. Review medication changes/restrictions starting today.</p> <ul style="list-style-type: none">• If you are on blood thinners (Xarelto, Eliquis, Coumadin, Plavix, Heparin, Lovenox, Pradaxa, Plavix, Brilinta) or if you are unsure- please notify the scheduler or physician. It may be necessary to stop these medications prior to the procedure.• Please hold all GLP-1 agonists used for weight loss and diabetes (Ozempic, Wegovy, Mounjaro, Trulicity, Rybelsus, Victoza, Saxenda and others) prior to procedure due to risk of aspiration. If on weekly GLP-1 dosing, then hold medication for at least one week prior to procedure. If on daily GLP-1 dosing, then hold medication for at least one full day before procedure. <p>If you have any questions on medication administration, including diabetes medications, prior to your procedure, please contact your physician now to review.</p>
1 day to procedure	<p>***IF HAVING A COLONOSCOPY WITH YOUR ENDOSCOPY THEN PLEASE REFER TO AND FOLLOW THE COLONOSCOPY PREP INSTRUCTIONS***</p> <p>You may eat breakfast, lunch, and dinner.</p> <p>12:00 AM (Midnight) No solid foods or liquids after midnight. No marijuana use for 48 hours before the procedure.</p>
Procedure Day	<p><u>ABSOLUTELY NO SOLID FOOD OR DRINKS AFTER MIDNIGHT ON THE DAY OF YOUR PROCEDURE.</u> This also includes medications, supplements, vitamins, chewing tobacco or mints.</p> <ul style="list-style-type: none">• You may take heart and blood pressure medications with a small sip of water up to 2 hours before your arrival time.• Tylenol and Aspirin are acceptable for use until the day of procedure.• Avoid smoking or vaping on day of procedure.• Have someone drive you to and from the procedure location. You must be accompanied by someone who can stay at the facility while you are there.• Bring picture ID, insurance cards, co-pay, or deductible portion of your procedure with you.

Procedure
Day

❖ **Procedure Date:**

❖ **Arrival Time:**

❖ **Place:**

- Since your procedure requires sedation, a driver (age 18 or over) must accompany you to your appointment.
- The person who is driving you home must remain at the facility while your procedure is being performed so that they are available in the unlikely event of an emergency.
- You may not go home in a taxi, ride share (Uber/Lyft), or take public transportation.
- The sedation you will receive will prevent you from driving safely or working the day of your procedure.
- Following your procedure, do not drive, operate heavy machinery, or sign legal documents for 24 hours.

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